



.MOM BREAKOUT LEADERS

Breakout session descriptions are listed beginning on pg. 6



Alexandra Kuykendall serves as the Ministry Strategist for MOPS (Mothers of Preschoolers) International where she helps create resources that encourage and equip moms around the world. She is a regular contributor to *Connections* magazine, *MomSense* magazine and MOPS video curriculum. Her latest writings can be found in *Daily Guideposts: The First Year of Motherhood* released in April and at momology.org.



Amanda Jones serves on the board of directors of Beth Moore's ministry, *Living Proof Ministries*, and of *As Our Own*, a ministry that rescues vulnerable children in India. Amanda is a new pastor's wife, as she and her husband are planting Bayou City Fellowship in Houston.



Amy Cato has been a full-time Event Coordinator for LifeWay Women's Events for 9 years. She serves in women's ministry and teaches 1-yr old Sunday School in her church. Daily struggling with the balance of work and home, she enjoys sitting down with moms that have gone before her and gleaning advice and wisdom.



Andrea Arnold is the Marketing Strategist for LifeWay Women's Events. Married to her husband for thirteen years, they have a three year-old adopted son. Andrea is a member of Mom's Alive, a Nashville adoption support organization that educates local high schools, colleges and universities of the "adoption option".



Angela Cottrell is a wife and mom who is in love with Jesus and desires an intimate and authentic relationship with Him. She has a heart for prayer and has facilitated a weekly prayer gathering in her home for nine years. Her husband, Travis Cottrell, is the worship pastor at Englewood Baptist Church in Jackson, TN and also leads worship for Beth Moore's Living Proof Live conferences.



Angie Smith is the proud wife of Todd Smith, the lead singer in the Christian group "Selah." Angie began a blog called "Bring the Rain" several years ago to chronicle the pregnancy and loss of her daughter Audrey and is now the author of two books, "I Will Carry You" and "What Women Fear." She holds a Master's Degree in Developmental Psychology and resides in Franklin Tennessee.



Betty Bussey worked as a registered nurse for ten years before being blessed as a "stay at home" mom. She has been married to Rick and Bubba radio host Bill "Bubba" Bussey for 19 years and they have two children. She and her family have been members of The Church at Brookhills for 10 years.



Catherine Hickem has worked as a licensed psychotherapist for almost three decades and has specialized in working with moms. In addition to her work, Catherine is an author, speaker and corporate coach. She founded Intentional Moms, a not-for-profit organization whose purpose is to challenge moms to think about their parenting role and be proactive in all seasons of mothering. Catherine is the author of *Regret-Free Parenting: Raising Good Kids and Knowing You Are Doing It Right*, as well as *Heaven in Her Arms: Why God Chose Mary To Raise His Son and What It Means For You*.



Chris Adams is Senior Lead Women's Ministry Specialist at LifeWay Christian Resources, Nashville, Tennessee. Prior to her employment at LifeWay, Chris was the special ministries coordinator at her Church in Tyler, Texas coordinating women's ministry and missions education. She is a contributor and guest editor of *Journey*, and compiled *Women Reaching Women: Beginning and Building a Growing Women's Ministry* and *Transformed Lives: Taking Women's Ministry to the Next Level*.



Constance Rhodes is a mom as well as the founder and CEO of FINDINGbalance, a Christian non-profit health and wellness organization with an emphasis on eating and body image issues. She is the author of *Life Inside the Thin Cage*, *The Art of Being*, and *Finding Balance with Food*, a 12-week study for churches and small groups. A self-proclaimed "recovering approval junkie," Constance is passionate about removing the stigma associated with food issues by modeling authenticity and transparency.



Chrystal Hurst is the mother of five children from ages 19 to 2 and therefore knows a thing or two about being "maxed-out". Although currently a homeschooling mom, Chrystal has been a single mom, a working mom, a young mom, a mom in ministry, and knows other seasons of motherhood as well. She is passionate about the privilege of mothering and believes that you can mother well and still keep your sanity.



David Thomas, L.M.S.W., is the Director of Counseling for Men and Boys at Daystar Counseling in Nashville, TN. He is the co-author of five books, including *Wild Things: The Art of Nurturing Boys* (Tyndale House Publishers). David is a frequent guest on ABC Family Channel's *Living the Life*, *FamilyLife Today*, *Moody Mid-day Connection* and *On the Home Stretch*. He has written for numerous publications and speaks across the country on *Nurturing Boys*, *Parenting Adolescents*, and *Raising Kids of Character*.



Dawn Stephens is the Associate Minister of Local Disciplemaking and Women's Small Groups at the Church at Brook Hills, in Birmingham. Her desire is to train, equip and encourage women to use their God given gifts and abilities to show Christ's love and grace to our world. She graduated from the New Orleans Baptist Theological Seminary Women's Ministry certificate program, has served on the Alabama Baptist State Women's Ministry leadership team, and serves as a LifeWay Ministry Multiplier.



Dedra Herod has held several ministry positions at her home church Asbury UMC in Madison, AL, from Women's Ministry Lay Leader (2002-2007), Women's Ministry Special Events Coordinator (2009-2011), Women's Ministry Communications Coordinator (2011 – present) as well as Bible Study Leader (2001 – present) and Altar Prayer Minister (2004 – present). Walk along with Dedra at <http://www.justachick.com>, on twitter at @dedraherod.



Esther Burroughs presently serves as Director of *Esther Burroughs Ministries... Treasures of the Heart*, a speaking and writing ministry. Following God's calling to speak to women, she began *Treasures of the Heart* ministry in 1997. Esther has authored several books, including *Empowered*, *A Garden Path to Mentoring*, *Splash the Living Water*, and *Treasures of a Grandmother's Heart*, a journal gift book designed to help grandmothers pass on their legacy of faith to the next generation.



Ginny L. Ytrup is an accomplished freelance writer, speaker, and life coach who also ministers to women wounded by sexual trauma. Her blogs include *Fiction Creator*, *My Daily Light*, and *Crossings Life Coaching*. She has two grown sons and lives in California.



Heather Platt is wife to her husband David, Pastor of The Church at Brook Hills and author of the book *Radical*, here in Birmingham, AL. They are in the process of adopting a child from China as well as a little girl from Nepal. Heather was a schoolteacher for 7 years before having children and enjoys the privilege of home schooling her boys.



Jackie Kendall is President of Power to Grow Ministries. She is a National conference speaker and a bestselling author: *Lady in Waiting*, *The Mentoring Mom*, *A Man Worth Waiting For*, *Free to Love: The Liberating Power of Forgiveness* and *Lady in Waiting for Little Girls*.



Jean Castille and her husband Jeremiah are the proud parents of six wonderful children. Lori works alongside her husband in his ministry, the Jeremiah Castille Foundation. She serves as CFO of the foundation, as well as the treasurer on the board of directors. Lori speaks at numerous women's events and conferences and has a passion for mentoring young couples and young women.



Jean Roberson is a product of Woman's Missionary Union® (WMU®). Growing up in GA's and participating heavily in missions, Jean also graduated from the Carver School of Church Social Work, which began as the WMU Training School in Louisville, Kentucky. Jean holds a master of social work and is licensed in the state of Alabama. Jean currently serves as ministry consultant for national WMU.



Judy Woodward Bates is an author, columnist, freelance writer, television personality, inspirational speaker, and creator of "Bargainomics," a Bible-based time and money management lifestyle. She and her latest book, *Bargainomics: Money Management by the Book*, have been featured on internationally acclaimed TV show "Babbie's House" and on Phil Waldrep Ministries radio program, "Living with Joy," airing on 600 stations nationwide.



Karen Alexander-Doyel is a speaker and conference leader from Lenoir City, Tennessee, and a LifeWay Ministry Multiplier. Karen served with her late husband in ministry in Texas, New Mexico, Arkansas, Ohio and Tennessee. Karen established and led women's ministries in each church she attended and writes and teaches Bible studies. She especially has a heart for ministers' wives, and wants to help them love their special calling in ministry.



Karen Costello has homeschooled for 28 years and has a heart to encourage and equip women. She has been a guest on several local TV stations and is a highly requested speaker throughout the southeast. She is completing her master's degree in counseling and teaches Bible studies and literature classes to homeschoolers.



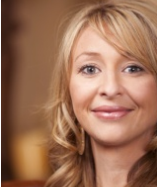
Kathy Peel is the award-winning author of 21 books, including *The Busy Mom's Guide to a Happy, Organized Home*, and winner of the 2009 Mom's Choice Award for Best Family and Parenting Book. She is founder and CEO of Family Manager® Coaching. She has made repeat appearances on *Oprah*, *The Early Show*, *Today*, CNN, and *Focus on the Family*. She is AOL's Family Coach, serves on Board of Experts for *Parenting.com*, & writes for *HomeLife*.



Kaye Hurta graduated with a degree in counseling from Liberty University in Lynchburg, Virginia. She has been married 22 years to her husband Chris, who is the Associate Campus Pastor at the Hill Country Bible Church Steiner Ranch campus in Austin, TX. The Hurta's are the proud parents of two beautiful daughters. Since part of Kaye's story includes infertility, she is honored that God chose to build their family through adoption.



Kelley Brown is the Executive Coordinator of (Un)adopted - an orphan care ministry of Lifeline Children's Services. Holding a master's degree in communication, she is also a seminary graduate of Beeson Divinity School with a Master of Theological Studies. She enjoys serving as a Bible study teacher, women's ministry speaker, and freelance writer for Christian publications that include *The Upper Room* and *4LOVE* magazine.



Kelly Hancock is the author of *Saving Savvy: Smart and Easy Ways to Cut Your Spending in Half and Raise Your Standard of Living...and Giving*. An exile from corporate America since becoming a stay-at-home mom, Kelly learned quickly to live on less than half the family's former income. As she mastered the principles of what she calls, "Grocery Savings," she began sharing her knowledge with others on her daily cost-cutting blog, FaithfulProvisions.com.



Kris Seidenkranz is the Lead Marketing Strategist for LifeWay Women. Both of her children are adopted; Josiah, born in Nashville and Ana Mei, born in Southern China. Kris is also a board member and volunteer with CWJC, a faith-based organization to provide mentoring and education to women living in poverty. She teaches Bible study to adults and Bible Drill to 4th graders at her local church.



Linda Anderson, a popular speaker and founder of Mom to Mom Ministries, is passionate about encouraging moms at all ages and stages of life. She is the author/teacher of three years of DVD curriculum for Mom To Mom: *Heart Talk on What Really Matters* (LifeWay, 2006); *Growing Together* (LifeWay, 2007), and *Inside Out Parenting: A Mom's Mission* (LifeWay, 2008). She is also a contributing author for LifeWay's newly revised *Transformed Lives: Taking Women's Ministry to the Next Level* (LifeWay, 2011).



Melanie Shankle graduated from Texas A&M and spent twelve years as a pharmaceutical sales rep. She began blogging in July 2006 when she started her blog, Big Mama. Melanie also writes for LifeWay Women on the Allaccess blog and speaks at various women's retreats and meetings. She has a passion for showing women that God has created them for so much more than they can even imagine.



Melissa Greene sang soprano with the gospel music group Truth, but was invited to become a part of the critically acclaimed, Grammy nominated Christian group, Avalon. She spent seven years impressing audiences belting out the words to songs like "Everything to Me", which won a Dove Award for Inspirational Record Song of the year in 2004. Greene has two solo projects, *Then and There*, and her current, *Next Step*. Melissa is currently the Minister of Worship and Arts at Gracepointe Church in Franklin, Tennessee.



Melissa Trevathan, M.R.E. first became a youth director at the age of 16. She is now founder and Executive Director of a counseling ministry, Daystar Counseling Ministries that began in 1985. She is the author of five books including: *The Back Door to Your Teen's Heart*, *Raising Girls*, and *Modern Parents, Vintage Values*, as well as *Mirrors and Maps* and *Growing Up Without Getting Lost*. She has recently recorded a video parenting series called *Raising Boys and Girls*, to be released in October of 2011. Melissa has spoken to various churches and schools across the country, has taught graduate courses in counseling adolescents and has been a guest on television and radio programs throughout the United States and Canada.



Pam Case serves as Director of LifeWay Women for LifeWay Church Resources. She came to LifeWay in 1999, following an 18-year career in both radio and television. In August 2007, Pam was named Director of LifeWay Women, the position she holds today. Her responsibilities include the strategic leadership and uplifting of all ministry work related to serving women through the local church. Pam is also a pastor's wife. She and her husband, Joe, have been part of launching three churches in the Nashville area in the last 14 years. They have three adult children.



Pam Gibbs technically serves as the Girls Ministry Specialist at LifeWay Christian Resources, although her coworkers know she's actually the resident practical joker. She is also the author of several Bible studies, including *Girl Talk: The Power of Your Words* and *Esther: The Role of a Lifetime*. She graduated from Wayland Baptist University before getting her Masters of Divinity at Southwestern Baptist Theological Seminary.



Ron L. Deal is President of Smart Stepfamilies (www.SmartStepfamilies.com). He is a family ministry consultant and conducts marriage and family seminars around the country; he specializes in marriage and stepfamily enrichment. Ron is author of the bestselling book and DVD curriculum *The Smart Stepfamily* and author/coauthor of *The Smart Stepmom*, *The Smart Stepdad*, and *The Remarriage Checkup*. He is a popular conference speaker and has appeared on dozens of national radio and TV broadcasts in the US, Canada, and the UK including *Focus on the Family*, *HomeWord*, *FamilyLife Today*, *700 Club*, WGN-TV News, Fox News, and ABC Nightline.



Selma Wilson is Vice President of B&H Publishing Group, a division of LifeWay Christian Resources. She and her husband speak and lead marriage conferences nationally and are authors of *Extraordinary Marriage* and *The Parent Adventure*. Previously, she and her husband Rodney were Executive Editors of HomeLife Magazine, a national family magazine.



Sheila West has been involved in women's ministry for over 25 years, serving as Director of Women's Ministry for over 20 years in the local church. She is the founder of Real Living Ministries, a speaking, teaching, and leadership development ministry to women. Sheila has appeared on numerous Christian radio and television broadcasts, including *The 700 Club*, and *100 Huntley Street*. She is the author of *Beyond Chaos*, published by NavPress and is a LifeWay Ministry Multiplier.



Sissy Goff, M.Ed., LPC-MHSP spends most of her days talking with girls and their families, with the help of her counseling assistant/pet therapist, Lucy the Havanese. Since 1993, she has worked as the Director of Child and Adolescent Counseling at Daystar Counseling Ministries in Nashville, Tennessee. She is also the author of five books, including *The Back Door to Your Teen's Heart*, *Raising Girls*, and *Modern Parents, Vintage Values*, as well as *Mirrors and Maps*, and *Growing Up Without Getting Lost*. In October of 2011, *Raising Boys and Girls* will be released.



Sophie Hudson will talk your head off about fried chicken, worship music, Mississippi State and the brilliance that is the DVR. She's grateful for a God who's merciful and mighty to save; 1 Timothy 1: 15-17 says it all. She blogs at <http://boomama.net> and <http://lifeway.com/allaccess>. She also contributes to *HomeLife* magazine. Married for fourteen years, she lives with her husband and son in Birmingham, Alabama.



Traci Newell is a licensed social worker and certified trainer with a decade of professional experience in foster care and adoption. As the Education Coordinator at Lifeline Children's Services in Birmingham, Traci takes the message of adoption into schools, churches, medical facilities and crisis pregnancy centers statewide. More importantly, she is a former foster parent and the mother of two daughters through adoption.

.MOM BREAKOUT DESCRIPTIONS

5 Conversations You Must Have with Your Son - Vicki Courtney

This breakout will give a quick overview of the "5 conversations" covered in Vicki Courtney's new book and Bible study for mothers of sons. It will particularly emphasize Conversation #2: "*What you don't learn to conquer, may become your master.*" Does your son have a plan in place to resist being mastered by video games, porn, sex, and other common boyhood temptations? We'll talk about a few practical tools that can help your son exercise self-control in tempting situations.

10 Tips to Never Pay Full Price Again - Kelly Hancock

Come hear Kelly teach you how to change the way you shop by stocking ahead and taking advantage of rock-bottom prices to save at least 50% on every grocery trip! Stretch your dollars through: Meal Planning, Grocery Budgeting, Food Preparation, Reading Sale Ads, Stockpiling, Couponing and more! This workshop is designed to convey knowledge that will radically alter your grocery shopping practices to help you achieve major savings in your grocery budget. Come get encouraged and empowered to be a good steward of your finances!

And God said, "It is not good..." - Jean Castille

When the Lord God looked at His finished creation the only thing He was not pleased with was the fact that man was alone. So He created for him a helpmate, a wife. Marriage, the institution of family was one of God's most significant foundations from the beginning of time. Surely, if He created it to last for a lifetime He wants us to derive some JOY and some PLEASURE from it. This session will include some key principles to enjoying your spouse and your marriage not just "enduring" or "hanging in there" till Jesus comes or one of you die!

Bargainomics: Dollar-Stretching by the Book? - Judy Bates

Does God really care how much I pay for a haircut or a pair of shoes? Is it possible to trim thousands of dollars from my outgo without cutting out everything beyond basic needs? The Bargainomics Lady is here to show you how to implement some simple changes that will help you become a dollar-stretching genius!

Becoming Stepfamily Smart - Ron Deal

There's a reason two-thirds of couples in stepfamilies divorce. Come learn how you can beat the odds and strengthen your home!

"Beloved Mother-in-Law " (this is not an oxy-moron!) - Jean Castille

Often in-laws of any kind are jokingly called the "outlaws." However, God intends for families to join together by the power of the Holy Spirit to create special relationships. Hear from Jean Castille about the valuable people skills and communication skills she's learned through some blessed "in-law" relationships.

Easy Ideas for Teaching God's Word to your Children and Grandchildren - Angela Cottrell

Do you feel overwhelmed by the responsibility of teaching the Bible to your children or grandchildren? Do you feel guilty that you are not doing a good job? The commandment in Deuteronomy 6:5 to teach God's commands "when you sit at home and when you walk along the road, when you lie down and when you get up" is more natural that you might think. Take home some simple, fresh and fun ideas that really work in teaching God's word!

Faith and Childhood Cancer: Dealing with a Seriously Ill Child - Michael Kelley

When a child is seriously ill, parents are forced to ask difficult questions. Not only questions about practical care, but questions about the goodness of God. This breakout deals with such questions raised through a father's experience with childhood cancer.

Fashion for Moms - Melanie Shankle (Big Mama)

Being a mom doesn't mean you have to spend your days in sweatpants and maternity tops left over from your last pregnancy...which was five years ago. Learn how to work with things already in your closet, shop for bargains and use accessories to maximize your wardrobe.

Home School Moms: Competence, Confidence, and Curricula - Karen Costello

Homeschooling moms today spin multitudes of plates on precariously tilting poles as we attempt to train the next generation's leaders. How can we do all we are called to do? Karen, a 28 year veteran, will encourage, inspire, and equip you to be able to add joy, energy, and enthusiasm to your fully committed lifestyle. Regain your focus, nourish your spirit, and learn to discover your child's God-given talents and passion.

I Feel Fat! Helping Our Kids (and Ourselves) Find Balance with Food - Constance Rhodes

Did you know that three out of four women have some kind of eating issue? From chronic dieting to emotional eating to compulsive exercising, most of us can relate to thinking often about eating and our bodies. Often, this preoccupation leads us toward negative self-talk which can be particularly harmful to little ears, even as it is wounding to ourselves. Finding balance with food and body image means getting honest about the messages in our heads, and taking practical and deliberate steps toward God's freedom for us.

Infertility and Adoption Panel - Chris Adams, Pam Gibbs, Dawn Stephens, Andrea Arnold, Kris Seidenkranz Heather Platt

Many moms have had not only the struggle of infertility, but also the joy of adoption. This panel of moms who have faced one or both of these experiences will address the heart issues and answer questions.

In the Middle of the Muddle: What Matters and What Doesn't? - Linda Anderson

You're a multitasking mom, but you can't do *everything*. How do you make Godly choices in this Mom-Marathon? What you *don't* do can free you up to do what matters most. Tips from the author of *Mom to Mom*—and from Hebrews 12--on how you can run lighter, focus better, and finish well.

Living Beyond Chaos: Why Moms Can't Live on Caffeine Alone - Sheila West

We all know the picture...juggling conflicting demands in multiple agendas, reconciling career desires with job necessities, riding the ups and downs of family and relationships, and struggling to squeeze in time for our own personal needs. How do we do it all amidst the chaos?

Living Life out of a Ziploc Bag - Kathy Peel

If your calendar is over-flowing, clutter has taken over your home, and you can't find time for the things that are important to you, this breakout is for you! You'll learn realistic strategies for managing your schedule, getting organized and keeping up with housework! Learning how to manage your life will help you become the mom, wife, and family manager God created you to be.

Maxed Out Moms - Crystal Hurst

Are the demands of trying to be the perfect mom robbing you of the peace, purpose and fulfillment that you sense should be yours? You CAN find your way out of perfectionist thinking and enter into a life of balance and joy. If being a mom seems to be bogging you down, this workshop is for you!

Modern Parents...Vintage Values - David Thomas, Sissy Goff and Melissa Trevathan

Today's children are up against a host of struggles and pressures that were foreign to us as we were growing up. *Modern Parents, Vintage Values* is a seminar based on Melissa and Sissy's book of the same title. In the seminar, David joins them as they tackle the issues we see most predominantly affecting kids and families in today's culture: entitlement, respect, technology, fear, anxiety and depression, to name a few. Join David, Sissy and Melissa as they equip parents to bring children back to good ol' vintage values.

Molding a Heart for Missions and Ministry - Jean Roberson

Just as praying, having personal devotions, and worshiping are spiritual disciplines that have to be taught, so a faith that actively seeks to minister to others has to be developed in believers. Join us as we look at the role the family plays in developing a child's heart for missions and ministry. Find out what you as a family can do outside of church that can develop compassion and courage in your child and empower your child to share Christ with the world.

Moms... Creating Legacies, Traditions and Fun for Children and Grandchildren - Esther Burroughs

Paul writes in, 2 Thessalonians 2:15 "Therefore, brothers, (sisters) stand firm and hold to the traditions you were taught, either by our message or by our letter." We will share family altar and traditions...ideas that will impact this generation and generations to come. As God's children, we are part of God's redemption story as we live celebrations and traditions in our homes. We must stand firm and hold to the word of God as we bless this generation and generations to come.

Moms of Children Under 13 Panel - Priscilla Shirer, Amanda Jones, Angela Cottrell, Sophie Hudson (boo mama)

If you are a mom of a child under 13, join this panel as they discuss issues and answer questions related to parenting at this stage. Listen as these moms share from their own experiences and address specific needs for moms.

Moms of Teens and Up Panel - Vicki Courtney, Esther Burroughs, Dedra Herod, Catherine Hickem
If you are a mom of a teen or older, join this panel as they discuss issues and answer questions related to parenting older children and young adults.

MomSense: Become the Confident Mom Your Children Need - Alexandra Kuykendall

From websites to pediatricians, to well meaning grandmas, many expert voices speak into our daily mothering decisions. But we often are left with unanswered questions, leaving us overwhelmed and questioning our instincts. So, what's a mom to do? This interactive workshop with Alexandra Kuykendall from MOPS (Mothers of Preschoolers) International will help you know you are the best mom for your children and you have what it takes to make meaningful decisions. You will assess your skills, personality and instincts which will help you develop your own unique mothering style. Through practical strategies and Biblical reminders, we'll unwrap our God-given gift of MomSense to become the confident moms our children need.

Motherhood by the Book - Kathy Peel

You don't need a PhD in child development or a big bank account to be a great mom! Kathy Peel will share guidelines from the book of Proverbs on how to raise respectful, responsible kids while creating an environment that fosters loving, lasting relationships.

A Mother's Heart: Exploring Adoption and Orphan Care - Kelley Brown and Traci Newell

This workshop examines adoption and orphan care from a Biblical perspective and demonstrates how God provides mothers to meet the needs of orphans around the world. Using Hannah as a Biblical case study, attendees will examine the needs of both mother and orphan and how God brings them together to fulfill His purposes. For those interested in adoption and orphan care, this workshop offers an overview of the needs within our own community and state, and around the world.

One Hot Mama - Branda Polk

As a mom, have you relegated yourself to the back burner neglecting your health, appearance, and energy level? Have you transformed from that once vibrant, vivacious woman that your husband married (i.e. HOT) into something NOT? Well, it's not too late to restore your internal "hotness" and learn ways to incorporate healthy habits into your busy lifestyle. Join personal trainer and wellness coach, Branda Polk, as she explores the healthy habits of a HOT MAMA and learn how just a little focus on yourself will ultimately make you a stronger, healthier, more energetic lady. Trust me, this little investment in yourself will be beneficial to everyone in your life, including your husband.

Parent Adventure - Selma Wilson

Adventure means "an exciting and dangerous experience." Welcome to the world of parenting! Exciting? No question. Dangerous? Sometimes. Learn how to prepare your children for a lifetime of adventure with the God who created them and has a plan for their life. Hear the summary of a national study on the state of parenting in America today, done by LifeWay Research. Learn key biblical and practical principles that can help you create a "parent plan" to introduce your children to God

Parenting a Prodigal - Chris Adams

When you became a mom, probably the last thing on your mind was ever having a child walk away from your values and dreams. As you poured into this child and tried to be a godly mom, you thought it was enough to raise a godly young adult. What happens if they choose a different direction, and what if they even leave your family? Are you a failure? Is there hope? The answer is YES! There is always hope, and the God who loves them more than we do is the one who provides it! Join us to discuss how to navigate this family crisis in strength and peace.

Parenting Young Adult Children...I Thought My Job Was Finished - Catherine Hickem

Many parents believe their parenting job is over when their children graduate from high school. The truth is they are just entering a new phase of parenting. This session will expose the myths of parenting young adults and give moms tools on how to have a healthy relationship with their young adult through insight, respect and faith.

The Perfection Trap: Confessions of a Recovering Approval Junkie - Constance Rhodes

Scripture warns against fearing the opinion of others, but as women it seems impossible to avoid. Whether we think we should have the perfect body, be the perfect mom, or even the perfect Christian, trying to become what we think others want us to be only takes us farther from who we really are. Choosing God's best in our daily living means letting others see who we really are, so that more than our mask gets the love we long for.

Play-Doh on my Earring - Pam Gibbs and Amy Cato

If you work full-time outside the home, your life often feels full of contradiction. In control, yet often frazzled. At peace but misunderstood. You feel fully committed to your work, yet fully committed to your family. Play-Doh on my Earring offers practical advice from two moms who both work outside the home. We will discuss striving for balance between work and home, learning to turn it off when its appropriate, and how to keep yourself healthy (spiritually, physically and emotionally) while also protecting your marriage.

Praying for Your Children and Raising Praying Children - Karen Alexander-Doyel

Do your children only hear you pray at bedtime and before meals? Do they know that God wants to talk to them? What about your prayers for your children? Are you sounding like a broken record? God has every answer we need when raising our children. This session will teach you 12 Biblical principles to pray daily for your children. We will learn to pray victory into our children's lives and how to put their armor on each day. Our Father answers prayer, let's go to Him together with our children.

Prevent Your Daughter from Marrying a Bozo - Jackie Kendall

In a culture that encourages girls to put more effort into finding the right pair of jeans over the right kind of man, no wonder our daughters are falling for Bozo guys. Learn principles to guard your daughter from a Bozo guy and guide her towards a man worth waiting for--a modern Boaz. These principles have been taught for the last 4 decades to thousands of girls--who are now living their happily ever after.

Raising Girls - Sissy Goff and Melissa Trevathan

The Raising Girls seminar journeys into the heart of girls to help adults understand their daughter's different stages of development: what is normal, what is not, and how to relate effectively. They also speak at length on the issues at the heart of girls today. This seminar will help you learn what it means to call out the unique identity God has given the girl you love.

Recognizing God in Our Busy Mom Lives - Betty Bussey

Do we ever wonder if we are missing out on what God is doing all around us? Or if we even have missed a glimpse of "Jesus" himself? Go through some practical steps to regain the ability to "be still" and know God even though life is swirling around us.

Reconciling Loss and a Loving God - Angie Smith

This is a session for women who have dealt with the loss of a child, whether through miscarriage, infant death, or even the loss of an adult child. This is a safe place where we will talk about the way our loss has affected our relationships with others and also with the Lord.

Single Mom...Amazing Mom - Angela Thomas

In this workshop, Angela will address many of the challenges unique to living and thriving as a single mom. Angela believes that even in this trying season, God is a God of grace and mercy who comes to give strength to single moms. When a single mom lays her family across the altar of the Most High God, every detail is covered by His presence, His power and His ability to build an amazing life from broken pieces.

The Smart Stepparent - Ron Deal

Whether you are one, are married to one, or know someone who is, this workshop will equip you to navigate the tumultuous waters of step parenting.

Social Media Savvy Moms - Pam Case

From Facebook and blogging, flickr to twitter, moms of every age and stage have a voice and the world can hear them loud and clear. Get savvy with some new skills, while sharing your own! This will be an hour of collaboration that will kick off a lifetime of connection!

A Story Starring You... A Foster Parent? - Kaye Hurta

Have you ever asked these questions in response to foster parenting . . . "Me? What can I possibly do to fix the problem? Won't this be hard on my own kids? Won't this be inconvenient? Isn't someone else better suited?" Good questions - necessary questions. Together, through interactive discussion and storytelling, we will explore some surprising answers from scripture and our own lives. We will examine both the privilege and the pain of being a foster mom. When ordinary people follow the promptings of an Extraordinary God – transformation occurs - transformation of a heart, a home, a life, a system, a story.

Thriving in the Teen Years...Enjoying the Season Everyone Dreads - Catherine Hickem

In this session, moms will learn how to embrace and enjoy their teenagers with hope and peace. Too often moms listen to the horror stories associated with adolescence instead of seeing their offspring from God's perspective. Moms will walk away with a renewed sense of empathy, understanding, and insight so they can finish this season strong without regret.

Walking with Joy and Courage: Mothering Children with Special Needs - Dedra Herod

Being a mom of a child with special needs is not for the faint of heart. Dedra will share about her twenty-year journey of raising children with Asperger's and Dyslexia and how joy and courage are sprinkled throughout the road. This honest and encouraging discussion will highlight the importance of community, how to serve as an advocate for your child and how to embrace the journey that God has called you to.

Who's Who in the Zoo? - Sheila West

The quote "life is a zoo in a jungle" brings to light the challenges of different "natural instincts" striving to live and work in harmony with one another. As a ministry leader you too have this challenge. In order to lead effectively, you must first have an understanding of ***who you are in light of Whose you are***. Once you understand who you belong to, you will begin to understand others as you want to be understood, hear as you want to be heard and care as you want to be cared for.

Wild Things: The Art of Nurturing Boys - David Thomas

Wild Things helps parents, educators, mentors and others understand and explore the hearts, minds and ways of boys and the vital role that parents and caregivers play on their journey to manhood. This class is full of practical tips, suggestions, fresh insight and encouragement for those on the road to raising boys.

Words Spoken: Claiming your God-Given Voice as a Mom – Ginny Yttrup

Somewhere on the way to motherhood, some of us lost our voice—our identity. We long to raise confident children who respectfully speak their minds and stand up for themselves, yet we've yet to learn how to do that for ourselves. Whether it's wounds from childhood that have silenced us or fear of rejection, the good news is that the truth will set us free! In this workshop, Ginny, author of *Words*, will explore some of the voice stealers in our lives and how to claim our God-given voice and pass that gift on to our children.